



CANHABAQUE: 1 DAY ADVENTURE

Welcome to a unique experience on the island of Canhabaque, a cultural treasure that has withstood 500 years of external influences. Discover with us the fascinating matriarchal and animist culture of the Bijagós.

A Journey to Inorei



Arrival by Boat

Fast boat transfer from Bissau to the island.



Jungle Hike

Tour through lush tropical vegetation.

3

Visit the Tabanka

Exploration of the traditional Inorei village.



Return to Bissau

Afternoon return with new cultural experiences.

Matriarchal and Animistic Culture

Matriarchy

Women play a central role in community decision-making.



Animism

Spiritual beliefs that permeate every aspect of daily life.



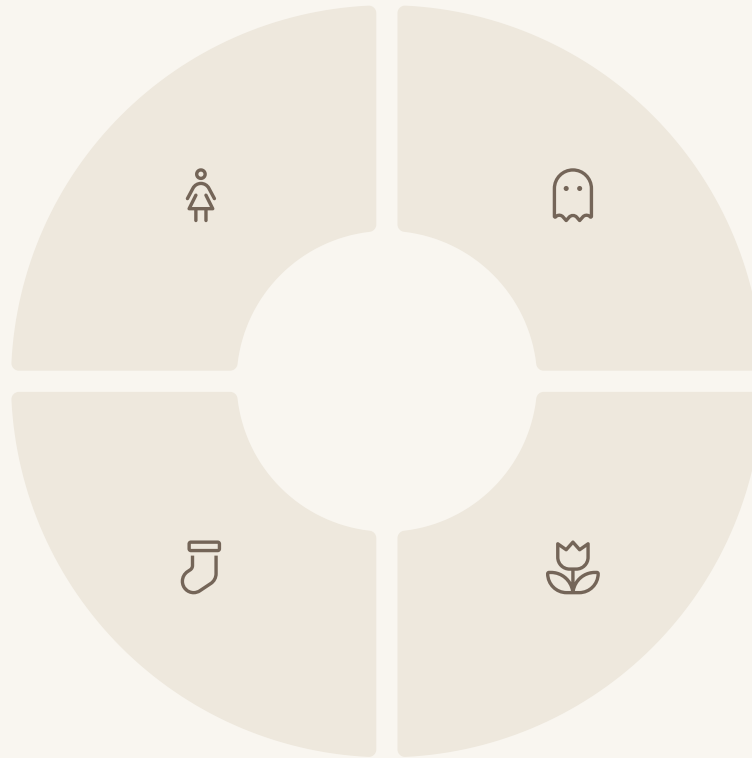
Traditions

Ancestral customs preserved for nearly 500 years.



Natural Connection

Deep relationship with the environment that provides sustenance and spiritual guidance.





DETAILS OF THE EXCURSION

Includes

- Speedboat transport (return)
- Specialised guide
- Guided walk to the Inorei village

Does not include

- Meals and drinks
- Additional travel on the island

Recommendations

- Wear comfortable clothing
- Sun protection
- Respect local customs