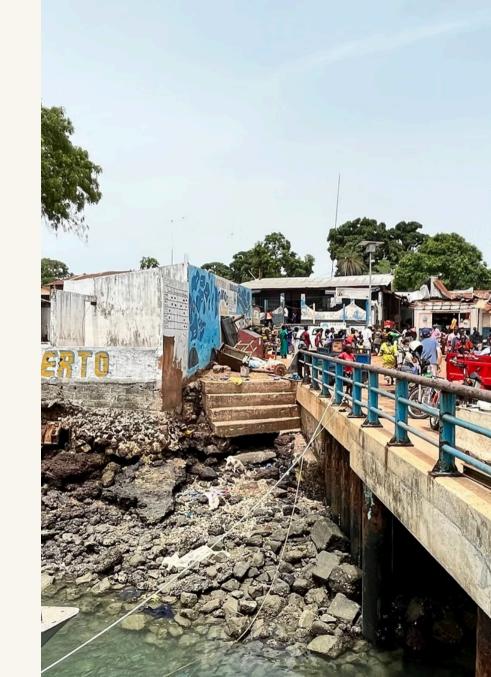# Discovering Cacheu: a day trip

We invite you to explore Cacheu, one of the oldest cities in Guinea-Bissau. Located on the north coast, this tranquil town offers us a unique glimpse into the history of West Africa.

Founded by the Portuguese in the 17th century, Cacheu combines its colonial past with a vibrant cultural identity and lush nature.

The historical legacy of Cacheu

Colonial port

Cacheu was an important Portuguese enclave and centre of the transatlantic slave trade.

Historical vestiges

The Portuguese fort remains as a silent witness to a complex past.

3 **Cultural identity**

The local community has preserved its traditions through centuries of change.

Nature and authentic experience

Lush mangroves

Cacheu is surrounded by stunning mangrove ecosystems that are home to diverse flora and fauna.

Serene atmosphere

The city offers a tranquil pace, ideal for connecting with authentic Africa.

Unforgettable experience

History, culture and nature intertwine to create a journey to the heart of African memory.